

APPENDIX: Letter from Dr. Hazel Lynn, Grey Bruce Health Unit



March 13, 2015

Dear Health Care Provider:

Re: Concussion Management

School boards in Ontario are now required to maintain a policy on concussions (PPM 158). While each board in Ontario has developed and implemented individual policies, as a minimum standard, policies follow the OPHEA Concussion Guidelines.

As a result, concussion policies for our local school boards:

- Require all students with a suspected concussion to seek medical treatment
- Require the medical doctor or nurse practitioner to complete the Concussion Form to indicate if the student has been diagnosed with a concussion

The policies also outline a procedure to guide students, parents, teachers, and healthcare providers on *“Return to Learn”* and *“Return to Play”*.

Your assessment and completion of the Concussion Form is a recommendation by The College of Family Physicians of Canada to ensure consistent concussion management and accurate documentation. The SCAT3 and Child-SCAT3 (for children 5-12 years) have been identified as concussion tools to best support your practice.

Should you have questions about our local school board concussion policies please contact:

Bluewater District School Board

Jean Stephenson, Superintendent of Education, jean_stephenson@bwdsb.on.ca

Bruce Grey Catholic District School Board

Michael Bethune, Superintendent of Education, Michael_Bethune@bgcdsb.org

Working together we can reach the goal of providing best identification and management for head injuries. In addition, this will increase awareness to prevent second impact syndrome (another head injury before the first one has healed) for children and youth in our communities.

Together we build healthy communities,

A handwritten signature in dark ink, appearing to read "Hazel Lynn".

Hazel Lynn, MD, FCFP, MHSc
Medical Officer of Health
Grey Bruce Health Unit

Working together for a healthier future for all.

101 17th Street East, Owen Sound, Ontario N4K 0A5 www.publichealthgreybruce.on.ca

519-376-9420

1-800-263-3456

Fax 519-376-0605

For additional resources, please visit www.publichealthgreybruce.on.ca/Your-Health/Injury-Prevention/Concussions



Documentation of Medical Examination - Concussion

This form is to be provided to all students suspected of having a concussion.
Note: This form should be taken with the student for medical examination along with
AF 6814 "Suspected Concussion Identification Tool"

(student name) sustained a suspected concussion on
(date). As a result, this student must be seen by a medical doctor or nurse practitioner.
Prior to returning to school, the parent/guardian must inform the school principal of the results of the medical examination by
completing the information below.

Parent/Guardian Signature: Date:

Results of Medical Examination

(student name) has been examined and no concussion has been
diagnosed and therefore may resume full participation in learning and physical activity with no restrictions.

(student name) has been examined and a concussion has been
diagnosed and therefore must begin a medically supervised, individualized and gradual Return to Learn/Return to Physical
Activity Plan (see AP 6814-D "Concussion Management - Return to Learn/Return to Physical Activity").

- Initial Concussion
Subsequent Concussion (Second Impact Syndrome)

Medical Doctor/ Nurse
Practitioner Signature: Date:

Comments:

Please deliver original completed form back to the student's school principal.

Distribution:
Original - student OSR
Copy - parent/guardian